

Big Karate Weekend – August 1-2 2008

Name		Dojo	
Parent (if under 18)		Belt Level	Age

Place into of clinics you plan to take on Big Karate Weekend 2008

Number of Clinics I plan to attend		@ \$5.00 each.	Total	\$	
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Friday

Time	Clinic A	Clinic B	Clinic C
6:00 p.m.	Night Warrior Training with O'Sensei (children only) <i>Green Tips and above.</i> No Supplies <input type="checkbox"/>	What is Ki? - (teens/adults) <i>All belt levels</i> No Supplies <input type="checkbox"/>	Meditation - (teen/adults only) <i>all belt levels</i> No supplies <input type="checkbox"/>

Saturday

Time	Clinic A	Clinic B	Clinic C
1:00	Escrima (adults only) <i>Green Belts and above.</i> Supplies – Escrimas suggested <input type="checkbox"/>	Learn to Box - (adults and children) <i>All belt levels</i> Supplies – Boxing gloves suggested <input type="checkbox"/>	Wrestling/Judo - (adults only) <i>all belt levels</i> No supplies required – Judo top suggested <input type="checkbox"/>
2:00	Escrima - (children only) <i>Green Belts and above</i> Supplies – Escrimas suggested <input type="checkbox"/>	Tournament Sparring - (children only) <i>Green tip and above</i> Supplies – Sparring Gear required <input type="checkbox"/>	Wrist Locks - (adults only) all belt levels No supplies <input type="checkbox"/>
3:00	Chanbara - (children only) <i>Green tip and above</i> Supplies – headgear required – padded weapons sugg. <input type="checkbox"/>	Weapons Fighting - (adults only) <i>Green Tips and above</i> Supplies – bring any weapons you own <input type="checkbox"/>	Throwing, sweeps and (adults only) <i>Gold Belt and above</i> No supplies required – Judo top suggested <input type="checkbox"/>
4:00	Iaido – (adults only) Supplies – Bokken w/ Scabbard \$21.99 or non-sharp metal sword with scabbard <input type="checkbox"/>	Child/Parent Safety Class No Supplies – parent must take class with child <input type="checkbox"/>	Bo/Sai Drills; Bo/Tonfa Drills – (children only) <i>Green Tip and above</i> Supplies – bring any weapons you own <input type="checkbox"/>
5:00	Chanbara - (adults only) <i>Green Tip and over</i> Supplies – headgear required – padded weapons sugg. <input type="checkbox"/>	XMA Prep - (children only) <i>Green tips and above</i> Supplies – bring your bo if you own one <input type="checkbox"/>	Introduction to Kendo <i>Adults any belt, kids Green Belt and above</i> Supplies – Bokken required; shinai suggested <input type="checkbox"/>